

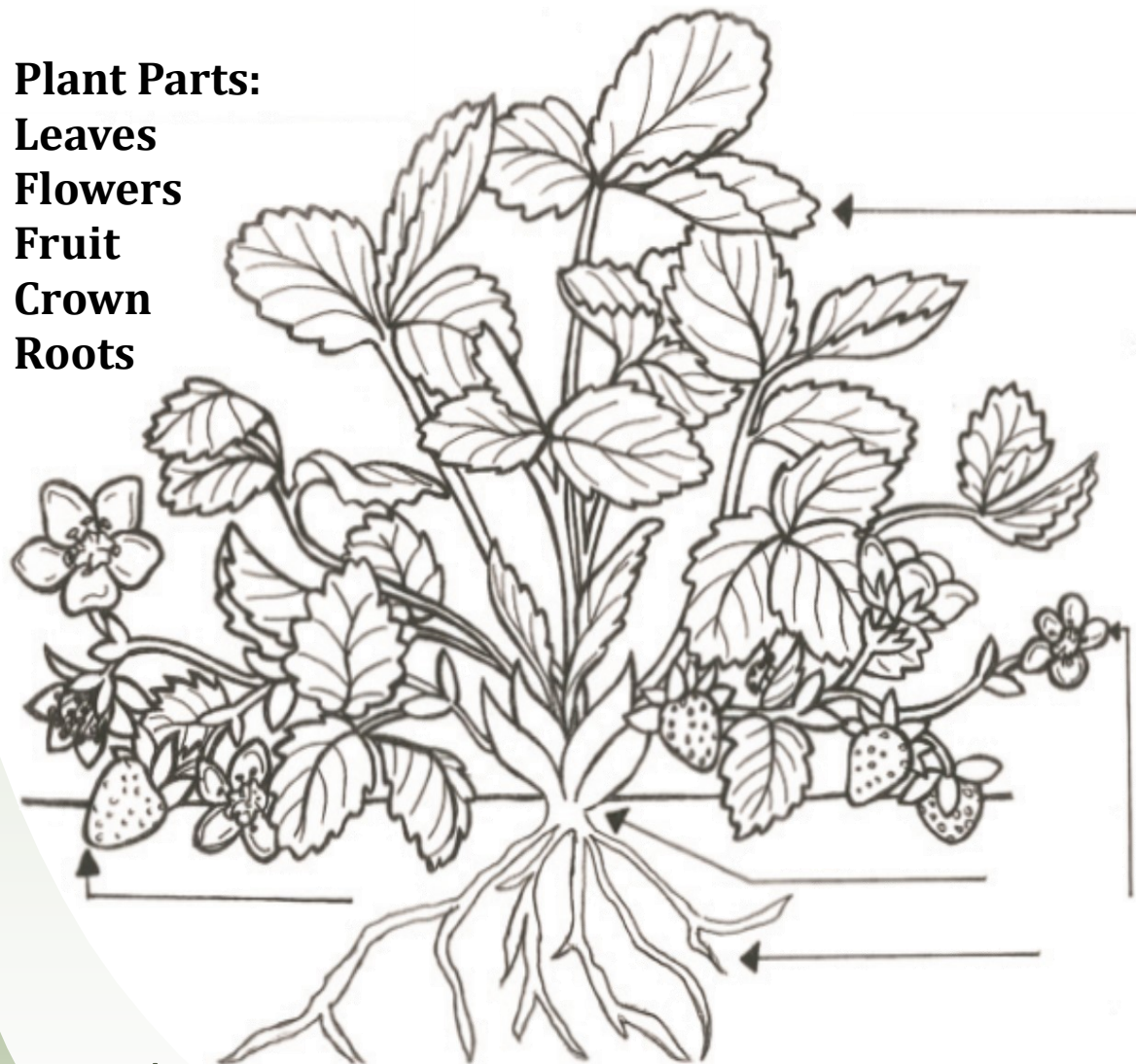
# FARM TO SCHOOL GROW GUIDE

## STRAWBERRIES



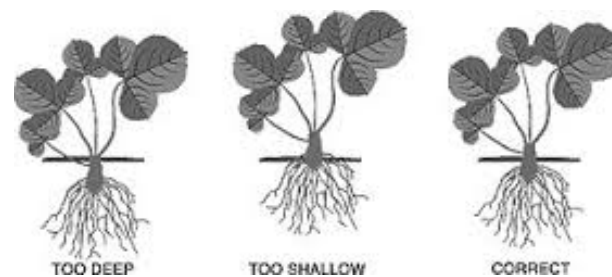
### Plant Parts:

Leaves  
Flowers  
Fruit  
Crown  
Roots



### Planting:

When planting strawberries space plants apart by 18 inches. When planted in a container, 6 to 8 inches apart is sufficient. The plant root system should be under the soil however it is important to not bury the crown (see image below).



### Caring for Strawberry Plants:

**PH** between 5.5 and 6.8

**Sun** minimum of eight hours daily

**Fertilizer** recommended for one inch of compost yearly and vegetable food fertilizer as recommended on label.

**Water** 1 to 1.5 inches of water weekly.

Strawberries have shallow roots and need to stay moist.

**Harvesting:** Strawberry plants in containers can produce berries in 3 months. Outdoor planting will depend on the variety planted.

### Varieties:

June-bearing: Produce fruit all at once over a three week period.

Everbearing: Bloom and set fruit throughout the spring, summer, and fall.

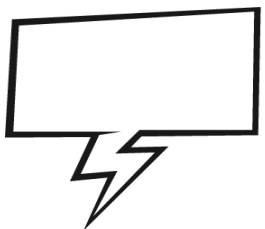
## Nutritional Facts

Strawberries are low in calories (32 cal/100 g) and fats but rich source of health promoting phyto-nutrients, minerals, and vitamins that are essential for optimum health.

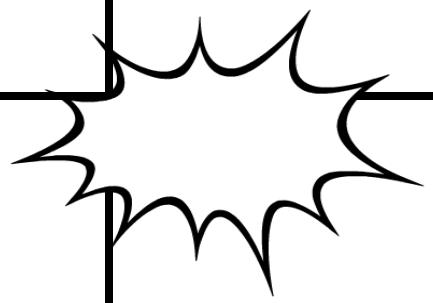
Fresh strawberries are an excellent source of vitamin-C.

WHAT WILL HAPPEN NEXT?!

WHEN SUDDENLY...

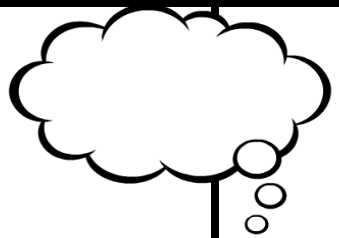


POW!



JUST AT THAT MOMENT...

LATER ON...



OMG!

BOOM!

THE END.